

FAMILY SUPPORT SERVICES  
Parenting Education  
Circle of Parents® Support Groups  
Family Support Line  
(303) 695-7996  
(877) 695-7996, toll-free  
10 am – 10 pm daily



FAMILIES FIRST, INC.  
2163 South Yosemite Street  
Denver CO 80231  
Fax: (303) 309-3931  
Office: (303) 745-0327  
www.FamiliesFirstColorado.org

Empowering parents. Nurturing children.

**PARENTING CLASSES Fall/Winter '08**  
Cost: \$60 Single/\$90 Couple unless otherwise noted

**GENERAL PARENTING**

**A+ PARENTING**

MONDAYS

First Presbyterian Church  
1609 W Littleton Blvd, Littleton 80120  
Educator: Brent, A+ Parenting

6:00 -- 8:30 pm -- 4 week series  
Sept 8 – Sept 29  
Nov 3 – Nov 24

**CONSTRUCTIVE PARENTING**

TUESDAYS

Families First Family Center  
2163 S Yosemite St, Denver 80231  
Educator: Fred

9:30 -- 11:30 am – 4 week series  
Oct 7 – Oct 28

**PARENTING WITH CONFIDENCE**

*(Children's Group provided on as-needed basis. Parent must notify Families First in advance)*

WEDNESDAYS

Denver Friends Church  
4595 Eliot St, Denver 80211  
Educator: Norma

9:30 -- 11:30 am -- ongoing 12 week series  
Begin at any time.

**ABC's of PARENTING: Managing Anger, Behavior & Communications**

WEDNESDAYS

Families First Family Center  
2163 S Yosemite St, Denver 80231  
(entrance on Warren St)  
Educator: Christina, Chance

6:30 -- 8:30 pm -- 8 week series  
Aug 6 – Sept 24  
Oct 1 – Nov 19  
Dec 3 – Feb 4 (No class 12/24 & 12/31)

SATURDAYS

As above

9:00 am -- 1:00 pm -- 4 week series  
Aug 9 – Sept 6 (No class Aug 30)  
Oct 4 – Oct 25

**APPRECIATING YOUR ADOLESCENT**

MONDAYS

First Presbyterian Church  
1609 W Littleton Blvd, Littleton 80120  
Educator: Brent, A+ Parenting  
Cost: \$40 Single/\$60 Couple

6:00 -- 8:30 pm -- 3 week series  
Aug 11 – Aug 25  
Oct 6 – Oct 27 (no class 10/20/08)  
Dec 1 – Dec 15

**PARENTS OF PRESCHOOLERS – 1,2,3,4 PARENTS!** (Parents of children: 1 – 4 years)

TUESDAYS

St Gabriel's Episcopal Church  
6190 E Quincy, Cherry Hills Village 80111  
Educator: Nancy

6:00 – 8:00 pm (7 week series)  
  
Sept 2 – Oct 14  
Oct 28 – Dec 9

FREE CHILDRENS' PROGRAM: Social Skills, Self-Esteem, Sharing Time & Crafts

REGISTRATION: Families First Office (303) 745-0327

Last updated 08/26/08