



families first Helping families improve children's lives



Happy Father's Day!

Happy Father's Day! Did you know children with involved, caring fathers have better educational outcomes, are more likely to be emotionally secure and confident and have better social connections with their peers? A father's role is invaluable!



Check out this great book, *Pieces Never Missing: Required in a Child's Life*, for all fathers by Dwayne E. Meeks and Arthur L. Burnett Sr. In *Pieces Never Missing*, the authors emphasize the father who lives in the lower economic strata of our society who may have grown up without a nourishing engaged father. Its substantive content can apply to every father and addresses the most pressing issues surrounding the challenges and biases around fatherhood engagement and focuses on the need to reaffirm the advantage of fathers inside the family arrangement.

Another great resource for fathers is [The Colorado Practitioners Network for Fathers & Families \(CPNFF\)](#), a coalition of practitioners, fathers, administrators, and other stakeholders committed to enhancing services across the state that will result in the children of Colorado having long-term healthy relationships with their father or a father figure. The mission of the Network is to collaboratively work to initiate, promote and support services that decrease barriers to and increase healthy father involvement with children, families and communities. Check out their website for more resources and tips.

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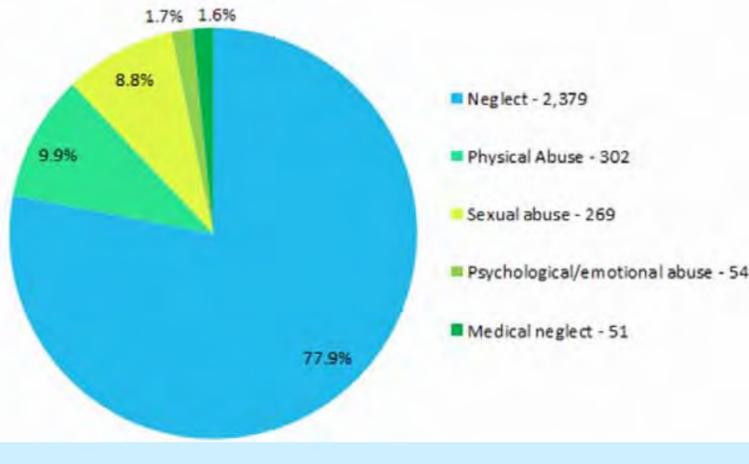
June is National Children's Awareness Month

The amount of children who are victims of child abuse and neglect can feel overwhelming. According to the Colorado Department of Human Services (CDHS), between January and March 2017, the types of maltreatment children in Colorado experienced were physical abuse, neglect, medical neglect, sexual abuse and psychological/emotional abuse. The graph below shows the total substantiated allegations of each type of maltreatment during this time frame.



The good news is child abuse and neglect can be prevented! That is what we strive for at Families First by providing education and family support, through our Family Support Services. We focus on strengthening protective factors that have been linked to lower incidences of child abuse and increase the well-being of children and families. These protective factors include: parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and children's social and emotional competence. Families First offers a variety of classes, support groups, and a support line that can help parents become even more effective in their parenting, even under stress. Contact us today to learn more about how we can help you be the best parent you can be!

877-695-7996



Upcoming Events:

- **June - July 31st - Improving Children's Lives 2017 Matching Gift Campaign**

Double your donation, double your impact! Families First, received a gift of up to \$60,000 if it's matched by July 31st. Join our *Improving Children's Lives Matching Gift Campaign!* Everything counts! Click [here](#) to donate now!

Improving Children's Lives



Donate by JULY 31

DOUBLE your donation
DOUBLE your impact!



- **July 8th - Cornerstore Country Fair and Family 5k**

Taking place at the National Western Complex

As you may know, Families First is not hosting the Country Fair this year. Instead, we have two great opportunities for our donors, volunteers and sponsors to participate in! First, is our Matching Gift Campaign and second, is this Cornerstore Country Run. We are a beneficiary of this Country Fair and Family Fun Run event!

[Join the race!](#) A portion of the proceeds go to Families First as a beneficiary of this event. [Register to volunteer!](#) to help and represent Families First on Friday, July 7th or Saturday, July 8th.



- **July 18th - Chipotle Mexican Restaurant**

Taking place at 2300 S Parker Rd Unit B, Aurora, CO 80247 (Corner of S Parker Road and Iliff Ave.) See flyer below for details.

If you have any questions regarding our upcoming events, please contact us at 303-745-0327.

EAT FOR CHANGE



Make dinner a selfless act by joining us for a fundraiser to support Families First. Come in to the Chipotle at **2300 S Parker Rd Unit B** in Aurora on **Tuesday, July 18th** between **4:00pm** and **8:30pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 50% of the proceeds will be donated to Families First.



If placing an order online during your fundraiser, please note you must choose the pay in-store option and inform our cashier of your participation before paying. Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count.



Families First Family Center
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