

Grandparents

September 10th was National Grandparents Day. As many of us know, there is a special kind of love only grandparents can provide.

Close grandparent-grandchild relationships are incredibly beneficial, providing children with additional support and mentoring. Studies have shown that children with close relationships with their grandparents have fewer emotional and behavioral issues than children without grandparents in their lives. And children aren't the only ones who benefit from this bond. Involved



grandparents have been shown to have less depression and better psychological health than uninvolved grandparents or people without grandchildren.

Because of the connection grandparents have with their grandchildren, they often assume responsibility for their grandchildren when parents cannot or choose not to care for their child. Families First provides a Grandparents Raising Grandchildren support group that meets on Mondays at our Family Center. It's a place where grandparents can discuss concerns and find support with the specific needs they have and are dealing with as a grandparent in the parenting role.

Please call 877-695-7996 for more information.

Relatives Raising Children Conference was designed with grandparents, and other kinship providers in mind. If you're raising a family member's child, you're not alone!Thousands of Coloradoans are raising a family member's child and many don't know where to turn for financial assistance, information and next steps. We welcome you to attend a conference where you can gather resources, information and support.



Friday November 17 2017 8:30 am – 2 pm

4430 S Adams County Pkwy, Brighton, CO Professionals Welcome!

Fee: \$10 (breakfast & lunch included)

Registration Options:

- 1 Call and pay by phone. 720-799-9254
- 2. Online at:
- www.relativesraisingchildren.eventbrite.com for a small fee.
- 3. Complete the form below and send by mail.

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Congratulations Ann and Dee!

Ann Shockley and Dee Everitt will be retiring at the end of September from our Parents as Teachers (PAT) program, a Maternal, Infant and Early Childhood Home Visiting program that works with pregnant women and their children.

Ann has been with PAT for nine years. When asked what was most rewarding during her time as a parent educator she responded, "I think the process of watching parents become confident in their skills and begin enjoying their role as parents is the most satisfying. But it's hard to

beat the excitement on the children's faces when they greet you at the door (or frequently come bolting out of it!) for a visit."

Dee, who has been a parent educator for 27 years, said, "I believe that parents are the best teachers for their children but I have found that many want reassurance and resources to help give their child the best start that they can give them. How wonderful it would be for all parents to have the opportunity to have access to this program in some form."

We are very grateful for Ann and Dee's dedication to improving families lives and wish them the best in whatever fun adventures they have planned next! For more information regarding PAT, please contact us, 877-695-7996.



Join us!

October 16th, Infinitus Pie is donating

31.4% of their proceeds to Families First!

Stop in, pick up a pizza, or stay and enjoy your meal. Families First invites you to join us for dinner. We will be there between the hours 5:00 - 8:00 pm.

Enjoy great pizza for a great cause!

5807 W 38th Ave, Wheat Ridge, CO Monday, October 16th 11 am - 9 pm



As you begin shopping for the holidays and all your warm weather needs, don't forget to click on the amazonsmile picture above and bookmark it in your browser! Then, anytime you shop on amazon, you are donating to children in need.



families first

helping families improve children's lives



Families First Family Center 2163 S. Yosemite Street Denver, CO 80231 303-745-0327 www.familiesfirstcolorado.org